

Parental IEP Plan: Traumatic Brain Injury (TBI)
Middle School (TBI)

The following document is a Parental IEP Plan.

I, _____, would like these questions answered and requests agreed to during the IEP meeting. I would also like this page added to my child's IEP document.

Date of IEP: _____

My questions:

(List any questions you may have regarding your child's educational progress, behavior, academic/behavioral supports, services, accommodations, etc.)

- 1.
- 2.
- 3.
- 4.
- 5.

My concerns are:

I am concerned that...

- 1.
- 2.
- 3.
- 4.
- 5.

My requests:

I would like my child to have...

- 1.
- 2.
- 3.
- 4.



Suggested Guiding Questions (Adjust to Fit Your Child)

Middle School (TBI)

- **How will all of my child's teachers be informed about his TBI and the strategies that help him? In middle school, he'll see many teachers. I worry not everyone will know his history unless it's well-communicated. Can we have a meeting with all his teachers at the start of the year to explain his needs? Perhaps provide a one-page summary of "Effective strategies for [Student]" to each teacher.**

For example, if he needs extra time or written instructions due to memory issues, every teacher must implement that. I want a plan for consistent implementation of his IEP across classes, as he might not be able to advocate for himself well.

- **What cognitive strategies or skill-building is the school providing to help him compensate for TBI effects? For instance, if he has trouble with memory, is someone teaching him how to use mnemonic devices or electronic organizers?**

If attention is an issue, is he learning how to use checklists or self-monitoring techniques? Maybe a special education teacher or SLP could do a short "study skills" or "executive function" session with him weekly. I'd like him to actively learn how to deal with his difficulties, not just have teachers accommodate them. This builds independence.

- **Is he expected to meet grade-level academic standards, or have we adjusted that? If the TBI significantly impacted his cognitive abilities, we might need to discuss modified curriculum or even alternate assessments.**

For example, is he on track for the state's standard tests, or will he take an alternate assessment (for students with significant cognitive disabilities) if appropriate? I want to know if we are still aiming for a regular diploma. And if so, are we putting supports to realistically get him there, or do we need to consider a more functional academic focus? Let's clarify the expectations and perhaps include a statement in the IEP about any modifications to curriculum.

- **How does the IEP address social re-adjustment and peer relationships? If he was out of school or different after the injury, middle school peers might not understand him. Does he have a buddy or mentor to help him socially? Are there group activities that can rebuild his social confidence?**

For instance, maybe joining a club where kids share a common interest could help. If he has any behavior quirks now (maybe speaking bluntly or reacting in unusual ways due to the injury), do teachers help mediate so peers aren't put off? Sometimes a brief education of classmates (with our permission) can foster empathy. I'm open to ideas on helping him fit in socially and not be seen just as "the kid who had a brain injury."

- **What is the plan if he gets overwhelmed or fatigued during the school day? I know TBIs can cause fatigue, headaches, or overload. Does his IEP allow him to take a rest in the nurse's office or a break card to step out of class for a few minutes?**

Are we monitoring his workload to prevent cognitive fatigue (like maybe reducing homework problems if he demonstrates mastery, rather than making him do 20 problems which exhaust him)? I'd like to confirm accommodations like reduced assignments, shortened school day, or rest periods if needed. It may also be wise to have a health plan if, say, he still has occasional medical issues (like seizures or migraines from the TBI). Let's ensure all that is documented and ready.



Hope4Families